

Club Coach Workshop Hosted by the Ennismore Curling Club in October 2016



As you know from the ECC November Newsletter, the Ennismore Curling Club hosted a successful Club Coach Workshop on the weekend of October 22 & 23.

The purpose of the Club Coach Workshop was to provide formal training to volunteer coaches needed in the Ennismore Curling Club Learn to Curl programs including Student Curling (After School & During School), New Curler Instructional League, and Novice Curling.

Eleven curlers participated in the two-day workshop and obtained their Club Coach designation. The Ennismore Curling Club Board wish to thank members Bill Ingram, Dianne Harris, Marshall Ferguson and Kim Ray for their time to participate. New and student curlers at the ECC will benefit directly from their enhanced knowledge and skills as curling instructors.

Other curling clubs participated in the Workshop including Whitby, Cobourg, Mississauga, Campbellford and Peterborough. The ECC Board

and Club Coach participants thank kitchen volunteers Pat McLean, Alva Wakeford, Laura Toms, Syrie Gardner and Steve Thomson for preparing lunches for the Coaching Clinic participants. We received very positive feedback, one of the instructors commented that *it was one of the best lunches he'd ever had at one of these clinics*. In addition, the ECC realized a small profit from the lunch proceeds.

Feedback about the Workshop was positive:

The workshop training provided me with the knowledge to break the delivery of a rock down into bite size pieces and therefore allow me to teach a new curler bit by bit the complex and often frustrating process of getting a rock to the other end of the ice. There was also an great focus on safety, which we are so aware of these days. As a bonus, the program has had a positive effect on my own game. Marshall Ferguson, Ennismore Curling Club Member/Learn to Curl Instructor/Club Coach Trained

My introduction to "club coach" was very positive. As a volunteer to the School program and Afterschool program I believe my contribution, as well as my fellow volunteers and 'grads' of the "club coach" program, allow us to improve curler skills and satisfaction in our Learn to Curl programs. One other result of the Workshop, happened last week when I was asked by a "mature" curler for assistance to help their delivery. I suggested one change. Shortly thereafter, I received a very positive response. I observed that curler through the game and wow a little bit of coaching really does work. Can't say the same about my own curling skills - yet.

This type of coaching can take place at anytime and will bring benefit not only to curlers but also to the ECC. Bill Ingram, Ennismore Curling Club Member/Learn to Curl Instructor/Club Coach Trained

The Workshop exceeded my expectations and I now feel I have the resources and enhanced skills to deliver good curling instruction to new curlers. Kim Ray, Ennismore Curling Club Member/Learn to Curl Instructor/Board Member/Club Coach Trained

The ECC Board recognizes that having sufficient Club Coach Trained volunteer instructors at the ECC is essential to the success of our club.

The Club Coach Workshop has been developed by the National Coaching Certification Program to meet the needs of curling clubs to provide effective standardized training to new curlers. Due to the success of this first Workshop, the ECC Board plans to host or participate in future workshops. So stay tuned if you too, would like the opportunity to become a Club Coach.